Newtown Woman's Club, GFWC, Inc. P.O. Box 101 • Newtown, CT 06470





Rovember 2024



# On This Date in History: November 21

- 1837 Thomas Morris of Australia skips rope 22,806 times
- 1922 Rebecca L Felton (Ga) sworn in as first female US Senator
- 1934 NY Yankees buy Joe DiMaggio from SF Seals (Pacific Coast League)
- 1952 1st US postage stamp in 2 colors (rotary process) introduced
- 1964 Verrazano-Narrows suspension bridge opens in New York City, then the world's longest



Newtown Woman's Club November Luncheon Newtown Congregational Church 14 West St, Newtown, CT 06470 November 21, 2024

Location: Newtown Congregational Church

**Directions:** From the flagpole, turn left onto Church Hill Road just past the Meeting House (right if you are coming from the other direction.) At the next "y", stay to the left and continue on West Street. Turn right into the Newtown Congregational Church parking lot at the second driveway.

Time: 11:30 a.m. Registration and Social Time. 12:00 p.m. Meeting and Luncheon

Date: Thursday, November 21, 2024

Cost: \$25 (Please make checks payable to the Newtown Woman's Club)

Program: Arts and Craft Show

# **November Luncheon Menu**

"Laughter is brightest where food is best." ~ Irish Proverb

- Macaroni Salad
- Grilled Chicken Sandwich with trimmings Or
- Vegetable Wrap
- Assorted Cookies
- Coffee. Tea and Water
- Please bring your own favorite drink if you wish.



Deadline for reservations is Saturday, November 16, 2024 at 6:00 p.m.

NO EXCEPTIONS will be made after that date.

If you have any questions, please call Marg Studley at 203-426-3651

# PLEASE NOTIFY YOUR CALLER IF YOU WILL BE AWAY! THANK YOU.

Please pay for your lunch by check or exact cash amount. Karen and Peg will thank you for that!

# The Newtown Woman's Club, GFWC/CT, Inc. Rooster Ramblings

VOLUME LVII Issue 3 November 2024 Editor: Judy Rosentel

Website: nwc-gfwc.org

President: Rosemary Rau

# **PRESIDENT'S MESSAGE:** Rosemary Rau



Dear Fellow members,

Happy Thanksgiving

May this day and every day be filled with love, joy and happiness.

Wishing you every blessing of this bountiful season.

May the blessings of Thanksgiving fill your heart and home with joy

> Best Wishes Rosemary

# MEMBER OF THE MONTH (MOM) Pat Lowell

One of the biggest challenges I have ever dealt with was getting back to Italy, by myself, after my father passed away in 2009. My husband George and I were on our VERY FIRST European trip, a Rick Steves' Tour to Italy, with three days each in Venice, Florence, and Rome. We went early to visit relatives in Aviano. While with them, my mother called to say that my father passed away. The tour was paid in full, so I flew home for Dad's funeral, and George stayed in Italy to begin the tour the next day. There were many challenges facing me once I got home; too many to list. I had begun writing Dad's eulogy in Aviano (I never wrote a eulogy before) and completed it when I got home. There was family drama at every turn; I

couldn't do anything right. The calling hours, funeral mass, and burial were on Saturday, and by Sunday afternoon, a sister-in-law and brother-in-law had dropped me off in New York for my return flight to Italy, to meet up with the tour in Florence. Needless to say, my stress level was through the roof, but I had to stay focused and get back to my husband in Italy. Fortunately, I had thought enough to write the name of the Florence hotel in black Sharpie on a small piece of paper, to hopefully get help in finding it. I don't speak Italian. A storm in New York delayed the flight, so I missed the connection in Paris. A few hours later I was on a smaller plane heading for Florence. Another passenger from the missed flight told me to get on a certain bus at the Florence Airport, and to get off at the first stop. The luggage part was easy as you can only bring a carry on for the Rick Steves' Tours. Along the way, I kept asking, "Does anyone speak English?", and fortunately I was helped by several very nice people. I held up my hotel sign at the first open shop, and a young lady pointed to her right. I showed my sign next in a restaurant, and the waiter pointed me in the same direction. Moments later, I saw a cluster of people, and spotted George in his white golf shirt! The whole group clapped and shouted, assuming the woman bear hugging George was his wife!

#### **PROGRAMS:**

Marie Sturdevant Marg Studley

Arts and Craft Show

## **VETERANS:**

Sylvia Poulin



Think Veterans! Think Christmas! Please review the wish list for Rocky Hill Veterans home, and

since this is the last meeting before delivery, be sure to bring your donation. I am more than happy to shop if you prefer to give a check.

Attached is the list that I received from the Rocky Hill Veterans Home. A very different format this year. Please check it out and let's see if we can load my car again this year for our veterans.

We have also adopted a veteran known as: Comet 13A. His only request is a Christmas sweatshirt in large and Old Spice body wash.

# **CONSERVATION/ENVIRONMENT:** Evie Watts Millie Anderson

The other day I was on the late side for a I rushed out the door and hurried meeting. "down to the garage". Oh darnn! It was colder than expected and I did not bring a jacket. I did not feel like running back up to get one, so I kept going and shivered each time I got out of the car that afternoon.

Fortunately, I have a choice of jackets in my closet. It's difficult for us to imagine not owning a warm jacket, but there are many men, women and children in this situation.

Newtown Woman's Club is going to step "up to the plate" and do something to help. Go through your closets and sort out any warm clothing that is no longer being used. We will be collecting gently used, clean jackets, coats, hats, gloves, mittens and socks at our November meeting. They will be distributed through the Bridgeport Rescue Mission to the needy in coastal Fairfield County.





PS: Point of interest - Bridgeport Rescue Mission is a 4-Star (96%) charity. Look them up. They do amazing things to provide basic needs to men, women and children, job training, and helping those with addictions. You will be impressed!!!

PPS: Used and new greeting cards will be collected for St. Jude's Children's Ranch in December and January.....more information in the December newsletter.

# <u>Message Corner</u>

BINGO prizes for Stone Bridge (formally Newtown Rehab. ) If you can bring small gifts to each meeting for Betty to bring to Stone Bridge, she would appreciate it. Please refer to the list from our October newsletter.

Betty collects for The Center for Empowerment and Education at each meeting.

\*\*\*\*\*

There will be a link to the newsletter on the website each month in case you have trouble opening the email file. Here is the link. If you click on it, it will bring you to our site. http://www.nwc-gfwc.org

As requested, here is Coke Cramer's new address and phone number. She would love to hear from you.

**Coke Cramer** The Watermark East Hill Road Cherrywood #116 Southbury, CT. 06488 Telephone Number: (203) 405-1087

#### MINUTES:

# Newtown Woman's Club Meeting MINUTES

October 17, 2024



The meeting was held at Barberie's Black Angus Restaurant, 5 Eagle Road, Danbury, CT

President Rosemary Rau opened the meeting at 12:02pm.

The Pledge of Allegiance was led by Betty Warner.

Collect was led by Mary Obre.

An Inspirational Message was read by Pat Lowell.

Our 50/50 raffle netted \$66.50.

Our Halloween extra raffle netted \$71.00.

After lunch, we will have Halloween word scramble games led by Karen Stern.

## COMMITTEE REPORTS:

-ARTS & CULTURE: Marcia Cavanaugh reported that we will hold a member Arts & Crafts show at our November meeting. Marcia read a list of possible items members can bring which are their own creations. If we choose to sell any of our items, we need to put a price tag on them. Upon any sales, we can donate 25% of the sale to the club if we wish. The purpose of bringing back this club activity is to further learn about and appreciate each other, and to inspire and motivate one another.

\*IF YOU PLAN TO PARTICIPATE, PLEASE BRING YOUR ITEMS TO SET UP BETWEEN 10 AND 10:30am. OUR MEETING IS AT NEWTOWN CONGREGATIONAL CHURCH.

-CIVIC ENGAGEMENT AND OUTREACH: Pat Lowell reported that the committee met at Booth Library on October 15th. We decided for now to continue supporting our present organizations by utilizing their Wish Lists which have been provided to members. Our activity included stuffing small candies into Halloween baggies which will be delivered to The Vet Center in Danbury for their "Spooktacular" event on October 27th. Sylvia Poulin is collecting for the Rocky Hills Veterans. She is accepting both checks and items for care packages, along with items for our Secret Santa Veteran. Betty Warner thanked everyone for our food donations today for The Center in Danbury.

-BOOK CLUB: Marg Studley reported that this month's book is "The Lager Queen of Minnesota." The group will meet in the downstairs room at Booth Library, October 24th at 1pm. Pat Lowell will lead the discussion.

-ENVIRONMENT/CONSERVATION: Evie Watts asked us to bring one to two items of warm clothing to our next meeting for The Bridgeport Rescue Mission. The clothing may be new or gently used. Evie is also collecting used greeting cards.

-HEALTH & WELLNESS: Jan Happel reported that eleven members walked at NYC on October 25th to raise funds for St. Jude Children's Hospital. The event netted \$554 which will be doubled by a cooperating organization.

-FOOD PANTRY: Chris Dran reported that our food collection in November will be donated to Faith Food Pantry.

-FINANCE: Alice Horahan and committee have prepared our budget for the year which President Rosemary Rau made a motion to approve. All were in favor; motion approved.

-LUNCHEON: Marie Sturdevant reported for the committee that next month's meeting will take place at Newtown Congregational Church, and it will be catered by Sal e Pepe Restaurant.

-HOLIDAY BASKET: Mary Ann MaGee is collecting for this year's basket.

President Rosemary Rau adjourned the meeting at 12:25pm.

Respectfully submitted, Pat Lowell, Recording Secretary

# **BELLES, BOOKS AND CANDLES:**

Joan Lavery

Here is the booklist for the rest of the year. The book club meets the 4th Thursday of the month at 1 PM at the Library.

- Nov "The Associate" by John Grisham
- **Dec** "Frozen River" by Ariel Lawhorn
- Jan "Mad Honey" by Jody Picoult
- Feb "Wave: A Memoir" by Somali Deraniyagala
- Mar "One of Windsor: The Untold Story of America's First Witch Hanging" By Beth Caruso
- April "Blue Dahlia" by Nora Roberts
- May "The Women" by Kristin Hannah

#### **MEMBERSHIP:**

#### Dolores Judge

WELCOME new member, Lisa Walsh!! Lisa is interested in the Environment and Health and Wellness Community Service Programs. Her hobbies and interests are: gardening, houseplants, grandchildren and cleaning. Please add this information to your red book: Address: Lisa Walsh, 143 Pine Hill Rd #7C, Thomaston, CT 06787. Email: groovyglammie@gmail.com. Tel ephone: 860-488-1740.

# ARTS AND CULTURE: Marcia Cavanaugh Michelle Rosenthal

#### ARTS & CRAFTS SHOW, Thursday, November

- 21, Congregational Church
- A wonderful show is in the works!

1. All exhibiting members are asked to bring your items to the church between 10:30 - 11am to allow time for set up.

2. Please put a price tag on any items for sale.

3. Each exhibitor will receive a personal sign that will identify you as an artist or crafter who has created items entered in the show

4. Any items, old or recently created, may be entered

5. Please let us know before Tuesday, Nov. 12 if you are participating

# ART SHOW at C.H. BOOTH LIBRARY

Art work representing favorite books, including paintings by Michelle Rosenthal and Marcia Cavanaugh, will be on display in the Meeting Room in October and November.

# **ORNAMENTS**:

Pat Bailey LeReine Frampton Millie Anderson



Pieces are beginning to sell well. We have ornaments in four places: The Bee, The Toy Tree, Booth Library and The Office of the Town Clerk.



Ornaments will be on sale at the Monthly Luncheon as well.

Thanks, Pat, Millie and LeReine.

Bírthday's



# November

Nancy Kennedy	6
Jean Swanhall	13
LeReine Frampton	22
Betty Warner	28

#### December

Joan Fuest	3
Peg Forbell	9

Please send Judy any information or photos for the website and/or Facebook. Check out our website: <u>http://www.nwc-gfwc.org/.</u>

The next newsletter deadline is <u>December 5, 2024</u>

## KNITTING:

#### Janet Stockalis



A group of friendly women who volunteer their time and talent to do good for many deserving

people. We meet the first Tuesday of every month from September to May at the Booth Library. 1pm - 3pm. We knit baby hats and blankets for Pediatric and Nursery babies, hats and scarves for Veterans, homeless and local food pantries and the Newtown Police Dept. giving tree.

New members are always welcome. Yarn, needles, crochet hooks and patterns are provided. Even if you never knitted or crocheted, there are people who will help you learn or refresh you. Simple projects, no pressure and a friendly time together. Please join us in this worthwhile endeavor!

#### HEALTH AND WELNESS

Jan Happel

# Preventative Medicine Marcia Cavanaugh EAT for STRONGER BONES

1. Consume foods rich in Calcium - yogurt, milk, orange juice, salmon, kale.

2. Get more Vitamin D - 5 to 30 minutes of mid day sun 2x a week, or else take Supplements that supply 800 to 1000U daily.

3. Eat more vegetables, fruits and grains, 4+ servings of vegetables, 3+ fruits, and 5-10 oz of whole grains is recommended.

4. Get adequate protein - beans, lentils, nuts and lean meat, fish and poultry.

5. Limit added sugar and salt-1 teaspoon max per day. Sodium is present in high amounts in processed food.

Mayo Clinic Health Letter, Nov 2024

#### **INTERNATIONAL:**

Jeanne Braude-Magi

#### Heifer International: Alice Horahan

Remember to bring your quarters for the Heifer International fund. We can make a small difference in the lives of women in third-world countries by providing a source of nutrition and income with our gift.

#### CIVIC ENGAGEMENT AND OUTREACH:

Pat Lowell

Thank you for your generous donations in October to THE CENTER, STONE BRIDGE, and ROCKY HILL VETERANS! A reminder that THE CENTER is asking for new and gently used winter coats for women and children at this time. And let's all look through our costume jewelry for holiday-themed pins, bracelets, necklaces, and clip and screw back earrings we no longer use, and donate them to STONE BRIDGE!

Please see the current Wish List from The Center for Empowerment and Education in Danbury. Their list is on Amazon. Just follow the directions for making donations. Thank you!

\*\*\*\*\*\*\*\*\*

Our contact at The Center, Samantha Flynn, says they could use donations of either new or gently used winter coats for women and children.



The Newtown Chapter of The Salvation Army has reached out to us, looking for volunteer bell ringers. Representative Katherine

Simpson is asking for one or two people at a time to fill one hour time slots.

If you are interested, please contact Katherine at <u>kroesslersimpson@gmail.com</u> for information, scheduling, and locations.

# FOOD PANTRY:

# Barbara Bradley Chris Dran



This month we will collect food donations for the FAITH Food Pantry. The list below suggests

current needs.

Peanut Butter Tuna/Chicken/Mayo Hash/Canned Stew Pasta Sauce Hearty/Chucky Soup Single Packaged Toothbrushes Tooth Paste Gift Cards to Grocery Stores Thank you for your generosity.

#### **CARING FRIENDS:**

Mary Obre



At the last NWC meeting, Louise Baker, who is recuperating very well from her hip replacement surgery, well enough to attend our last luncheon/meeting, and

requested that a get well card be sent to Michelle Rosenthal as she has been sick with covid. I sent her a Get Well Card and hopefully, she will be able to join us, covid free of course, at our next luncheon. I also called Bethel Health Care, where our dear Marion Thompson is now in residence getting the care she needs, to get some information. As you may remember her husband Dave wrote a brief note which was reported in last newsletter, after a "thinking of you card" was sent to her home and Dave responded to where she was getting the needed care. I spoke with a representative at Bethel Health Care to find out if there were any restrictions to Marion receiving mail - would it upset her. etc. The representative said there should be no reason for her not to receive a Thinking of You Card and if there were, her nursing staff - if they felt it would upset her at that time - would not read the card to her and let me know. So, I mailed a card to Marion, who

has given so much to NWC. And, if I am contacted that sending a card, would upset her, then, down the road, would not send another one. No other illness of our NWC members has been reported. Stay healthy everyone - busy holidays are around the corner.

If you know of any NWC members/family members who might be cheered by a Caring Friends card or phone call, please let Mary Obre know.

You can reach her at <u>mtobre@aol.com</u> or call her at 203-426-4130.

# HOLIDAY BASKET

Jan Happel Mary Ann Magee



The Newtown Fund - Holiday basket, Helping Newtowners in need since 1959.

A BIG Thank -You for your generous October support for The Newtown Fund, Holiday Basket.

At our last Luncheon/Meeting, \$315.00 was given for those in need. WE still have the November. Luncheon/meeting to give our support.

Their letter indicates this year Newtown will have even more families in need. Holiday baskets will be distributed on Dec. 14, 2024. Our family has not been given to us at this time, many forms are still being submitted to the Newtown Fund.

We give thanks that we can help,

Jan Happel & Mary Ann Magee Special Committee



TREASURER'S REPORT 06/	01/2024 -	10/31/2024	
Peg Forbell - Tre	asurer		
BALANCE ON HAND AT BEGINNING OF PERIOD		5/31/24	1,594.33
BALANCE ON HAND AT BEGINNING OF FERIOD	BUDGET	FUNDRAISING	1,094.00
CASH RECEIVED:	BODGLI	TUNDITAISING	
CHRISTMAS BASKET INCOME			
CIVIC ENGAGEMENT & OUTREACH (BOTTLES)			
CIVIC ENGAGEMENT & OUTREACH (HEIFER)			
CIVIC ENGAGEMENT & OUTREACH (ST JUDE)	530.00		
HOSPITALITY - LUNCHEON PAYMENTS	2,693.00		
INTEREST INCOME	2,033.00		
MEETINGS INCOME	2.01		
MEMBERSHIP-DUES, APPLICATIONS, NAME TAGS	2,177.00		
OPERATING INCOME - 50/50	288.00		
WAYS & MEANS - ORNAMENTS	200.00	260.00	
WAYS & MEANS - DONATIONS		150.00	
WAYS & MEANS - BOO BOXES		140.00	
TOTAL RECEIPTS:	5,690.81	550.00	6,240.81
DISBURSEMENTS:	3,030.01	550.00	0,240.01
CARING FRIENDS			
CHRISTMAS BASKET EXPENSE			
CIVIC ENGAGEMENT & OUTREACH (HEIFER)			
CIVIC ENGAGEMENT & OUTREACH (VETERANS)			
CIVIC ENGAGEMENT & OUTREACH (ST JUDE)	480.00		
	100.00	150.00	
CORRESPONDING SECRETARY - BOX RENT	118.00	100100	
FEDERATION DUES	880.00		
FUNDRAISING EXPENSE - ORNAMENTS		2,614.06	
FUNDRAISING EXPENSE - LIBERTY GOLD			
HOSPITALITY - LUNCHEON COSTS	2,514.43		
INCORPORATION FEE	50.00		
INSURANCE	125.91		
MEETINGS EXPENSE			
PROGRAMEXPENSE			
TREASURER	14.60		
VETERANS			
WEBSITE			
YEARBOOK	189.44		
TOTAL DISBURSEMENTS	4,372.38	2,764.06	7,136.44
BALANCE AT END OF REPORTING PERIOD	,	10/31/2024	698.70



CONNECTICUT DEPARTMENT OF VETERANS' AFFAIRS 287 West Street; Rocky Hill, Connecticut 06067 Telephone (860) 655 – 6049



2024 Holiday Wish List for Resident/Patient Veterans at the CT Department of Veterans' Affairs.

#### **Gift Certificates:**

Amazon	Big Y	Burger King	CVS	Dunkin	Kohl's	McDonald's
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Michael's craft store Stop & Shop Target

Wendy's

Walmart

# Clothing: NEW ITEMS WITH TAGS ONLY! (All sizes: Men's M to 6X, Women's M to 3X)

Open Bottomed Sweatpants Sweatshirts Henley Style Shirts (POCKET a Plus!) Polo Style Shirts (POCKET a Plus!)

#### Accessories:

Bed in a Bag (Twin Size Sheets **XL**, & Comforters) Diabetic Socks Men's Leather Belts (34W to 54W) Shower Sandals (not flip-flops) Size 7 to 15 Keyed Padlocks AA & AAA Batteries Indoor Antennas Headphones Headphone Extension Wires

#### **Toiletries:**

Body Wash Deodorants HD Laundry Pods Toothpaste

PLEASE DELIVER HOLIDAY ITEMS BY FRIDAY, DECEMBER 6, 2024! <u>PLEASE CALL</u> Judy Barnes at (860) 655-6049 to <u>ARRANGE A DELIVERY APPOINTMENT!</u>

Monetary donations may be made to: "Department of Veterans Affairs" and sent to: Lindsay Jesshop, Manager of Community Advocacy, CT Dept. of Veterans Affairs; 287 West Street; Rocky Hill, CT 06067. Please designate 'Rocky Hill Veterans' Home Holiday 2024' in the memo area.

Thank you for your thoughtfulness and generosity!